

Hello families!

Below is a list of supplies that would be helpful in making this year run smoothly for PreK-4. Check email for drop off date to bring in supplies prior to the start of school. This will be a good opportunity for your child to become familiar with our classroom and his or her new teachers!

- \$10 to contribute to buying seat sacks for the classroom
- 1 pack of baby wipes, brand name
- 2 packs of Crayola Washable Markers
- 2 packs of colored pencils
- 1 pack of construction paper
- 2 bottles of Elmer's Washable wet glue
- 1 pack of Elmer's washable glue sticks
- 2 boxes of Kleenex
- various sizes of Ziplocs
- A blanket or towel for rest time in a Labeled bag *(see attached document)*
- 1 folder labeled with First and Last Name
- Labeled Art smock with long sleeves or plain tshirt
- Warm and Cold weather change of clothes in a labeled bag *(see attached FAQ document)*
- **To be included in bags of clothes:**
  - T-shirt
  - Long sleeve Shirt
  - 2 pairs of Underwear
  - Shorts
  - Long Pants
  - 2 pairs of Socks
  - 1 pair of extra Shoes

On the first day, your child should bring a full size backpack (labeled) with him or her. We encourage sneakers, rather than sandals, and, please, no light-up shoes! We ask that you send your child to school in pants that they can easily manage on their own in the bathroom (no buttons or ties, for example). Toys from home are not allowed during school hours.

We are excited to get to know you and your child this coming year, and we look forward to seeing you soon!  
Have a great summer!



-The Preschool Team

## Extra Clothes FAQ

Q: Why do you ask for no belts, buttons, or snaps on clothing?

A: At this age, children are still working on developing their fine motor skills and may find these types of fastenings difficult to remove when they need to use the bathroom. Since we work to foster independence, we want them to be able to do as much as possible on their own!

Q: Why do you require sneakers or boots?

A: Sneakers or boots are required because they are safer. Sandals, Crocs, and other shoes of this fashion can be dangerous when children are running, and leaves their feet exposed to possible injury!

Q: Why are light up shoes not allowed?

A: Light up shoes, while they are cool and fun, are not allowed for security reasons. During a lockdown, the room needs to be as dark as possible, and the light up shoes could give away the location of the class.

Q: Why do you ask for an extra pair of shoes?

A: Sometimes accidents happen and the shoes become wet, it then becomes uncomfortable and unsanitary for the child to wear these soiled shoes. The weather can also play a part in the change of shoes. If it rains or snows and for some reason you forget to pack sneakers for your child to change into instead of wearing their boots we will be able to provide them for your child.

Q: Why do you ask for multiple sets of extra clothes?

A: As this might seem a little much to provide multiple sets of clothes for one child there are many instances where these clothes come in handy. The most common instance where these clothes are needed is for any bathroom accidents. Sometimes these can happen more than once in a school day, so multiple pairs of underwear and socks come in handy. Sometimes we get messy! This can mean a messy art project in class, spilled lunches or snacks, or allergy/ illness situations. Lastly, the weather can sometimes play a factor in the extra clothes. In New England weather changes constantly, so if a child needs to change clothes for any reason and the weather is a health factor having clothes for both cold and warm temperatures comes in handy.

## Rest Time FAQ

Q: What is the set up for rest time?

A: Each child will be provided with an assigned rest mat to lie on. These mats will be cleaned every day to eliminate germs and prevent illnesses. We recommend each child comes in with their own blanket, towel, or sleeping bag type of blanket to sleep with. These belongings should be brought to school in a Labeled bag that the child can carry independently. Blankets will be sent home once a week to be washed and returned the following week.

Q: Can my child bring a stuffed animal or toy for rest time?

A: Unfortunately at this time children are not allowed to bring in stuffed animals or toys for rest time. This is mainly due to the fact that some children play with these belongings during rest time and/or share them with their friends near them. This situation would risk spreading germs between the children. Normally these Stuffed animals bring comfort to the child and gives them the security of home. If a child would like to bring a picture of the family in for rest time we will accept that.

Q: Will they be placed close together?

A: We plan out our rest time with the concept in mind that children need their own space to wind down and rest. Especially in this pandemic children will be dispersed all over the classroom with as much distance between each child.

Q: What if my child does not take naps?

A: As children grow they may decrease in the amount of sleep they need in a day. We understand for some children it is hard for them to sleep for long periods of time or at all during the school day. With that being said we stress that rest time is for them to rest their bodies and minds. They do not need to sleep, but they will need to stay quiet and clam themselves down. We are very active during the day and at this age, so taking time to rest their bodies allows them to stay healthy and productive!

Q: How long is rest time?

A: Rest time varies all of the time. Depending on the group of children in the class rest time may be shortened or extended. We try to have at least 30-45 minutes of rest a day.